



ATTENDANCE:

Sector Representatives:

Karin Schroeder, Civic/Volunteer Rep., President
Bill Sutton, Media Representative
Tracy Kolsin, Youth Org Rep, Southampton Youth Bureau
Kelly Dodds, Business Rep, Secretary
Cheryl Rozzi, Government Rep, Co-Vice President

Other:

Pam Mizzi, Long Island Prevention Resource Center
Christal Olivero, National Guard CounterDrug Task Force
Jackie Kanarvogel, HUGS, Inc.

Staff:

Alana Urbont Marino, SAFE in Sag Harbor Program
Coordinator
Alexandria Migliozi, SAFE in Sag Harbor Youth
Coordinator
Kym Laube, HUGS, Inc. Director

1. Introductions

2. Approval of March and April Minutes

Karin motioned to approve the minutes, and Cheryl seconded the motion.

3. Staffing and Grant Update

Alana will be our new coordinator. Kym will sit down with the board because Alana is going to be with SAFE 50% of the time. They will discuss what the other 50% of the money will go to. Alana will continue with the same contract with Epiphany Community Services for weekly check-ins with Deacon to further our strategies for community change.

4. CADCA Mid-Year

We have money to send people who are interested. Generally only two people can go but we do have additional money if anyone does want to go. CADCA is July 17-21 in Orlando. Monday, June 13 is the deadline for early bird pricing. We leave for CADCA on Sunday, July 17 and come home Thursday, July 21 at night. All expenses are covered by SAFE. Anyone interested in going please let Kym and Alana know. You can email Alana at alana@hugsinc.org.

5. Open Gym Recap

For Friday Night Open Gym, Karin was there to meet Alana to set up but then had to leave about halfway through. There were 20 kids in attendance, including some regulars, which is why we need to keep this moving. The Gaga Ball pit was left for us to use, which the kids really enjoyed.

Going forward, and taking advice from Tracy, adding other events or making each month a certain theme might mix it up. For example, "Open Gym with (fill in the blank)" each month. This could be video gaming, Gaga Ball, or sport specific with a coach or parent volunteer who can lead activities. We could commit half of the space to the open gym, and half to the activity of the month. Another idea is to use Open Gym as a space to support things going on in the school. For example, if there was a skit for homecoming going on, the students could use the space to practice.

Alana will send a thank you out to American Pie Pizza for donating the pizza pies for us and give them a goodie bag of SAFE giveaways. Moving forward we could do a press release about Open Gym, including why it is something we do for prevention, and that American Pie Pizza sponsored it.

6. Mental Health Month Event Recap

For Mental Health Month, Alexandria hosted a mindfulness and movement event that was open to all Pierson middle and high schoolers. The event was held at Pierson on the back fields from 11-12:30 on Saturday, May 14th.

The event had yoga and mindfulness activities led by Kristin Davey from Peaceful Planet Yoga, yummy "Green Monkey" smoothies were made by Kristen Dehler at the end of the activity, and we had great resources available about resilience and ways to increase happiness/ wellbeing from Maria/Hamptons Mindful Youth. There were 4 middle schoolers who registered but only two of them attended. The event was advertised via social media, emails, on the school TVs, on Parent Square, and in the health teacher's Google classroom. Kristin sent the flier out to her contacts and shared it in her Yoga space. Although we were hoping for more attendance, it was a fun event for all and the two middle school girls that attended are very excited to be part of the Youth Coalition.

Some reflection we had as to why there was low attendance was possibly because it was held on a weekend. Maybe having something like this during the school week would gain more traction. May is such an extremely busy month so that could have definitely had an impact.

Alexandria loved working with Kristin from Peaceful Planet Yoga, and spoke about planning another event with her around Red Ribbon Week/Halloween because she has glow in the dark yoga activities that seem like fun.

7. Pierson Prom Recap

Karin provided all the materials. Our table was with the PTSA, so Kelly set up and chatted with them. Before the prom all the kids had to go on buses. The school set up a red carpet, so we had our table set up right before the carpet with all the things they would need to get ready for their photo. We had mirrors, chapsticks, mints, sewing kits, safety pins. The kids were very appreciative. Terry Spano brought leftovers to the actual prom and Karin got the leftovers and returned them to Alana.

A larger sponsor for this is the next step, such as sponsored glam bags or sponsored photo backgrounds.

8. Pierson's Got Talent Recap

Pierson's Got Talent was held on Friday, May 20, 2022. The Lobby outside the Main Office was set up with silent auction items, many raffle items, and a food table of dispensers of water (cucumber/lemon/plain), baked goods, and popcorn machine. SAFE in Sag Harbor borrowed the Girl Scout's machine again. Cheryl was there to set-up and then back to get the machine warmed up before the show. Kim Garypie handled the baked goods (from baking to selling) and had her daughter and two friends come run the popcorn machine. There were mechanical issues with the machine, so Cheryl stayed for assistance. Sales went well – it was best to use the smaller pop-corn bags which sold for \$1. Overall, the event was successful for the PTSA.

9. Overdose Awareness Day/ Recovery Month

August 31 is Overdose Awareness Day and September is Recovery Month. We will try to get the windmill purple again and work early on to build a large audience for this event. We will work over the summer to ensure a good event turnout. Alana will look to see how many purple light bulbs we have and make sure we have enough of all the material for distribution to the businesses.

Kelly suggested that a potential day to light up the windmill is the opening night of Harborfest. It is a huge community event with a large audience. Everyone could have a "sober moment". Harborfest is September 9,10,11. We could collaborate with THRIVE on this as well. Potential issue is that people drink alcohol at Harborfest and there are alcohol vendors on the wharf. As a solution, we could provide really good signage to businesses about not serving anyone under the age of 21 and have differentiated cup colors.

We will think about it and discuss further at our July meeting. Questions to consider: Do we want to lose 10 days of visibility from our purple lights on the windmill? Could we start the event off earlier with a social media campaign?

Kym suggested that we start a committee in August to distribute placemats/ promote purple non-alcoholic drinks in restaurants in Sag Harbor. Our messaging could push the promotion of the healthy choices that come with choosing to not drink, even if they don't identify as being a person in recovery.

10. Next Meeting Dates

We will have our next meeting on Wednesday, July 13 at 6pm. For August, we will plan a celebratory meal and meeting. Alana will send a Doodle Poll to find a date that works best.

Next meeting: Wednesday, July 13, 2022 at 6pm via Zoom.