



ATTENDANCE:

Sector Representatives:

Rebecca Burnside, President
Tanya Rulon-Miller, Parent Rep., Co-Vice President
Karin Schroeder, Civic/Volunteer Rep., Secretary
Nancy Lynott, Government
Eileen Moskowitz, Religious
Christina Little, School
Maria Pentcheva, Healthcare

Other: Kim Covell, Social Media Consultant
Georgianna Dolan-Reilly, LIPRC

Staff: Meerah Shah, Program Coordinator
Kym Laube, Program Director

1. **Approval of Minutes from May 20, 2020** motioned by Karin Schroeder and seconded by Rebecca Burnside

2. **CADCA Mid-Year**

Meerah updated the coalition about CADCA Mid-Year taking place virtually this year from July 27-30, 2020. Registration is \$475 per person. If any coalition members are interested in attending, please reach out to Meerah. A link of the training sessions will be sent to all coalition members via email following the meeting.

3. **SAFE Website**

Kim Covell will be making updates to the website regarding meeting times reflecting the current pandemic. She will be adding a note to the homepage about meetings taking place on Zoom Video Communication for the unforeseen future, and if anyone in the community would like to attend monthly meetings, they should contact the program coordinator at the appropriate email. Meerah also told Kim that she will look into minutes from previous emails from June 2019 to present so that they can be posted up on the website as well.

4. **Vaping Taskforce Update**

Tanya informed the group that Mashashimuet Park is now open to the public. She would like to get in touch with Gregg Schiavoni, the Mashashimuet Park President, to get approval on the no vaping signs that were in the works before the pandemic, and discuss future steps. Meerah suggested that the Vaping Taskforce should have a meeting to move forward with these plans before Tanya leaves for the season.

5. **Note of Thanks**

Tanya would like to send a thank you letter from behalf of SAFE to the mayor for keeping the community safe (possibly the police, hospital, EMS, etc. as well) for PR. Karin suggested that we should include sending a letter to the Sag Harbor ambulance corp. to encourage them to attend a SAFE meeting. Meeting attendees suggested that the note should say something along the lines of: Thank you....we look forward to working together with you in the future to continue to work towards keeping our community safe. Tanya, Rebecca, and Meerah will work on this note, and Meerah will send it out on behalf of the coalition.

6. Graduation Taskforce Update

Karin gave an update to the attendees on behalf of the taskforce. Journals and a rose will be given to each graduating senior. The journals are in Pierson school colors with a quote on the front that reads: “Life is a matter of choices, and every choice you make, makes you.” The group suggested to incorporate “Class of 2020” on the front cover; Meerah will contact the printing company to see if a last minute change can be made. A stamp of SAFE’s logo will be placed on the inside cover of the book, as well as a short personal note. Meerah is currently looking into ordering rubber stamps. Kym suggested to contact a “mom-and-pop” stamp making shop in Bellport. The taskforce will continue communication to discuss distribution of the senior gifts.

7. Prevention Education

Kym discussed with the group about the present nature of prevention education. NYS OASAS is HUGS, Inc.’s primary source of funding. The push into classrooms for prevention education at Sag Harbor was completed through HUGS, Inc. Kym is working to design deliverables for the next school year that are evidence based and online. Maria suggested looking into animated programs, which she often uses with her student, claiming that they better captivate their attention throughout the lesson.

Presently, Pierson school district is being administered LifeSkills lessons, which teaches students about the different types of substances and the effects they have on the bodies, what peer pressure looks like and why kids fall into it, and what makes kids curious to try substances. Additionally, the program also teaches skills such as refusal techniques, decision making skills, stress and anxiety coping techniques, confidence boosters, and communication skills. Some students may be able to accept these types of lesson in the classroom (should this be online), whereas others may need the classroom setting to take in and process the lesson. Kym mentioned that online classes for kids that speak about these types of topics removes the safety net that exists in a classroom to have these kinds of open ended conversations, because of the physical disconnect from the classroom environment as well as the worry of parents and family members potentially listening in on the lesson. Lastly, it can be more difficult for the teacher and the prevention educator to assess the impact of the lesson on the students virtually than in person. Kym is working to find a balance to create a comfortable virtual environment for the students for these lessons to take place.

Rebecca reports that she was at a meeting with Jeff Nichols, and he shared that on July 13, 2020, the community should have a better idea of what school will look like in the fall. The most likely scenario is an A day/B day schedule. She also notes that the meeting was held from 4-5 pm and had a high rate of attendance. This may be a good time to look at for virtually held meetings with parents in the future.

8. Parent Meetings and Workshops

Georgianna mentioned that there are some coalitions that are working on delivering online evidence based programs for parents as well. Due to the pandemic, attendance in parent meetings have increased now since meetings are being held virtually, allowing parents the convenience of not needing to travel for meetings. Georgianna advised the group that it would be a good idea to sponsor a parent workshop virtually in light of COVID, such as Active Parenting, to better reach parents in the community and deliver prevention interventions and workshops with greater promise of increased attendance.

9. New Hire

HUGS, Inc. has hired a new Prevention Educator, Alexandria Migliozi. Kym reports that she did an excellent job during her interviews and has high hopes for her contribution to HUGS, Inc. and SAFE.

10. DFC Grant

Drug-Free Communities (DFC) is a \$101 million grant program that establishes and strengthens collaboration among various sectors of a community working to prevent youth substance use rates in communities across the country. Meerah, Nancy, and Kym have been working on the DFC Grant application, and successfully completed and submitted the application. The grant funds more than 700 community coalitions across the country in all 50 states. If chosen, grant recipients are awarded up to \$125,000 per year for 5 years.

SEVEN STRATEGIES

1. Providing Information
2. Enhancing Skills
3. Providing Support
4. Enhancing Access/Reducing Barriers
5. Changing Consequences (Incentives/disincentives)
6. Physical Design
7. Modifying/Changing Policies